



Census day (5th October 2023)



Recipe	Portion Size	Carbohydrate per portion
Chicken Burger	135g	31.5g
Flipper Dippers	75g	18.2g
Cheesy Tomato Pizza	137g	26.0g
Cheesy Tomato Pizza (KS2 portion)	183g	34.7
Lattice Fries	100g	23.0g
Broccoli	63g	4.1g
Cauliflower	63g	3.9g
Ring doughnut	42g	20.9
Organic Yoghurt	80g	8.5g
Cheese & Crackers	34g	11.9g